

Entrance Antiphon

My eyes are always on the Lord,
for he rescues my feet from the snare.
Turn to me and have mercy on me,
for I am alone and poor.

First reading

(Exodus 20:1-17)

God spoke all these words. He said, 'I am the Lord your God who brought you out of the land of Egypt, out of the house of slavery. 'You shall have no gods except me. You shall not make yourself a carved image or any likeness of anything in heaven or on earth beneath or in the waters under the earth; you shall not bow down to them or serve them. For I, the Lord your God, am a jealous God and I punish the father's fault in the sons, the grandsons, and the great-grandsons of those who hate me; but I show kindness to thousands of those who love me and keep my commandments. You shall not utter the name of the Lord your God to misuse it, for the Lord will not leave unpunished the man who utters his name to misuse it. Remember the sabbath day and keep it holy. For six days you shall labour and do all your work, but the seventh day is a sabbath for the Lord your God. You shall do no work that day, neither you nor your son nor your daughter nor your servants, men or women, nor your animals nor the stranger who lives with you. For in six days the Lord made the heavens and the earth and the sea and all that these hold, but on the seventh day he rested; that is why the Lord has blessed the sabbath day and made it sacred. Honour your father and your mother so that you may have a long life in the land that the Lord your God has given to you. You shall not kill. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbour. You shall not covet your neighbour's house. You shall not covet your neighbour's wife, or his servant, man or woman, or his ox, or his donkey, or anything that is his.'

Responsorial Psalm

Psalm 18

You, Lord, have the message of eternal life.

The law of the Lord is perfect,
it revives the soul.
The rule of the Lord is to be trusted,
it gives wisdom to the simple. R.
The precepts of the Lord are right,
they gladden the heart.
The command of the Lord is clear,
it gives light to the eyes. R.
The fear of the Lord is holy,
abiding for ever.
The decrees of the Lord are truth
and all of them just. R.
They are more to be desired than gold,
than the purest of gold
and sweeter are they than honey,
than honey from the comb. R.

Second reading

(1 Corinthians 1:22-25)

While the Jews demand miracles and the Greeks look for wisdom, here are we preaching a crucified Christ; to the Jews an obstacle that they cannot get over, to the pagans madness, but to those who have been called, whether they are Jews or Greeks, a Christ who is the power and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Gospel Acclamation

Glory and praise to you, O Christ!

I am the resurrection and the life, says the Lord;
whoever believes in me will never die.

Glory and praise to you, O Christ!

Gospel

(John 2:13-25)

Just before the Jewish Passover Jesus went up to Jerusalem, and in the Temple he found people selling cattle and sheep and pigeons, and the money-changers sitting at their counters there. Making a whip out of some

cord, he drove them all out of the Temple, cattle and sheep as well, scattered the money-changers' coins, knocked their tables over and said to the pigeon-sellers, 'Take all this out of here and stop turning my Father's house into a market.' Then his disciples remembered the words of scripture: Zeal for your house will devour me. The Jews intervened and said, 'What sign can you show us to justify what you have done?' Jesus answered, 'Destroy this sanctuary, and in three days I will raise it up.' The Jews replied, 'It has taken forty-six years to build this sanctuary: are you going to raise it up in three days?' But he was speaking of the sanctuary that was his body, and when Jesus rose from the dead, his disciples remembered that he had said this, and they believed the scripture and the words he had said. During his stay in Jerusalem for the Passover many believed in his name when they saw the signs that he gave, but Jesus knew them all and did not trust himself to them; he never needed evidence about any man; he could tell what a man had in him.

Homily

Profession of Faith

The Nicene ("Niceno-Constantinopolitan") Creed

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father; through him all things were made.
For us men and for our salvation he came down from heaven,

*At the words that follow, up to and including 'and became man',
all bow.*

and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Communion Antiphon

The sparrow finds a home, and the swallow a nest for her young:
by your altars, O Lord of hosts, my King and my God.
Blessed are they who dwell in your house, for ever singing your praise.

Prayers after Mass

Prayer to St Joseph

Hail Joseph the just, wisdom is with you;
Blessed are you among men and blessed is Jesus,
The fruit of Mary, your faithful spouse.
Holy Joseph, worthy foster-father of Jesus Christ,
Pray for us sinners and
Obtain divine wisdom for us from God,
Now and at the hour of our death. AMEN.

Hail Mary & Parish litany of Saints

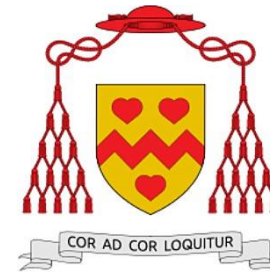
NEWSLETTER

Catholic Parish of St John Henry Newman

- HIGH WYCOMBE – Roman Catholic Diocese of Northampton

OLG: Our Lady of Grace, 29 Squirrel Lane, HP12 4RY SW: St Wulstan's, Hollis Road, HP13 7UN

TAKE THIS NEWSLETTER HOME. DON'T LEAVE IT IN CHURCH!



HOLY MASSES FOR THE WEEK

7th March 2021
3rd Sunday of LENT

Psalter: Week 3

9:00am (SW) Holy Mass
11:30am (OLG) Holy Mass

During the Week

Tuesday (SW) Commemoration – St Frances of Rome

10:00am Holy Mass

Friday (OLG) Feria 10:00am Holy Mass

N.B.: No Rosary or Adoration before Mass. The church will be opened 15 mins before the start of Mass. Stewards will be at church just 20 mins before Mass starts.

Monday & Thursday Mass will be at 10am via live streaming only.

The Cleansing of the Temple

Today's Gospel presents the episode of the expulsion of the merchants from the temple (Jn 2:13-25). Jesus made "a whip of cords, he drove them all, with the sheep and oxen, out of the temple" (Jn 2:15), the money, everything. Such a gesture gave rise to strong impressions in the people and in the disciples. It clearly appeared as a prophetic gesture, so much so that some of those present asked Jesus: "What sign have you to show us for doing this?" (v. 18), who are you to do these things? Show us a sign that you have authority to do them. They were seeking a divine and prodigious sign that would confirm that Jesus was sent by God. And He responded: "Destroy this temple, and in three days I will raise it up" (v. 19). They replied: "It has taken 46 years to build this temple, and you will raise it up in three days?" (v. 20). They did not understand that the Lord was referring to the living temple of his body, that would be destroyed in the death on the Cross, but would be raised on the third day. Thus, in three days. "When therefore he was raised from the dead, his disciples remembered that He had said this; and they believed the Scripture and the word Jesus had spoken" (v. 22). In effect, this gesture of Jesus and His prophetic message are fully understood in the light of his Paschal Mystery. We have here, according to the evangelist



John, the **first proclamation of the death and resurrection of Christ**: His body, destroyed on the Cross by the violence of sin, will become in the Resurrection the universal meeting place between God and mankind. And the Risen Christ is Himself the universal meeting place — for everyone! — between God and mankind. For this reason, his humanity is the true temple where God is revealed, speaks, is encountered; and the true worshippers, the true worshippers of God are not only the guardians of the material temple, the keepers of power and of religious knowledge, [but] they are those who worship God "in spirit and truth" (Jn 4:23).

In this time of Lent we are preparing for the celebration of Easter, when we will renew the promises of our Baptism. Let us walk in the world as Jesus did, and let us make our whole existence a sign of our love for our brothers, especially the weakest and poorest, let us build for God a temple of our lives. And so we make it "encounterable" for those who we find along our journey. If we are witnesses of the Living Christ, so many people will encounter Jesus in us, in our witness. But, we ask — and each one of us can ask ourselves — **does the Lord feel at home in my life?** Do we allow Him to "cleanse" our hearts and to drive out the idols, those attitudes of cupidity, jealousy, worldliness, envy, hatred, those habits of gossiping and tearing down others. Do I allow Him to cleanse all the behaviours that are against God, against our neighbour, and against ourselves, as we heard today in the first Reading? Each one can answer for

him/herself, in the silence of his/her heart: "Do I allow Jesus to make my heart a little cleaner?" "Oh Father, I fear the rod!" But Jesus never strikes. Jesus cleanses with tenderness, mercy, love. Mercy is the His way of cleansing. Let us, each of us, let us allow the Lord to enter with His mercy — not with the whip, no, with His mercy — to cleanse our hearts. With us, Jesus' whip is His mercy. Let us open to Him the gates so that He will make us a little purer.

Every Eucharist that we celebrate with faith makes us grow as a living temple of the Lord, thanks to the communion with His crucified and risen Body. Jesus recognizes what is in each of us, and knows well our most ardent desires: that of being inhabited by Him, only by Him. Let us allow Him to enter into our lives, into our families, into our hearts. May Mary most holy, the privileged dwelling place of the Son of God, accompany us and sustain us on the Lenten journey, so that we might be able to rediscover the beauty of the encounter with Christ, the only One who frees us and saves us.

Parish Office: St Wulstan's, Hollis Road, High Wycombe, HP137UN

Tel: 01494 438300

Parish email: newmanparish@hotmail.com

Parish Website: www.stjhnparish.org

Parish Secretary: Mrs Ann Masat

Newsletter email: newmanparishnewsletter@hotmail.com

Parish Priest: Rev. Benedetto D'Autilia

Presbytery: 66 Rowan Ave, High Wycombe, HP13 6JB
(for emergencies) Tel: **01494 531523**

Deacon: Rev. Mr Paul Priestley Tel: 07591 462894

deaconpaulpriestley@northamptondiocese.org

Safeguarding Reps: John Wiggins & Judith Forster

Housebound Visit Coordinator: Catri Plummer Tel: 01494 639686

Reminder - Please, use the two telephone numbers in **bold** to reach Fr Benedetto: the Office number and the Presbytery number. Please leave a message on the answerphone and you will be called back ASAP.

The **weekly newsletter** is generally available at all Masses.

However, if copies run out or you aren't able to come to Mass you can still keep informed by going to the front page of the parish website

<http://www.stjhnparish.org/> where a link will take you straight to the latest newsletter.

PLEASE, IF YOU CAN, ATTEND MASS DURING THE WEEK INSTEAD OF SUNDAY

Masses via live streaming

Sunday 9.00am, **Mon/Tue/Thu** 10.00am

YouTube Channel: Parish of SJHN High Wycombe

Link: <https://m.youtube.com/channel/UCRQXTp-PWlr4Czyw-rGbiqw/videos>

If you SUBSCRIBE to the YouTube Channel it will be easier for you to find the channel in the future. You can also find a direct link on our Parish Website.

Spiritual Communion Prayer

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. As You are already there, I embrace You and unite myself wholly to You. Never permit me to be separated from You. Amen.

Do not forget! WE ARE STILL SOCIAL DISTANCING 2metres

Before entering the church, face covering MUST be worn over both mouth and nose. Households who are not 'linked' must maintain social distancing (2 metres) during Mass.

Capacity per church

•St Wulstan's:

44 Faithful = 36 single seats &
x2 households (up to 4 members each)
2 Stewards & 2 Clergy = **48 Total**

• Our Lady's:

56 Faithful = 15 single seats &
x4 households (up to 4 members)
x3 households (up to 3 members)
x8 household (up to 2 members)
2 Stewards & 2 Clergy = **60 Total**

Anniversaries of death: Fr David Harris, Ian Williamson, Patricia Lay, James O'Toole, Olive Wilden, George Biggs, Alicia Frankova, Sidney Fuller, Kathleen Rankin, Karen Dudley, Frank Pritchard, Brigid Prosser, Anna Czerwiwicz, Paul Neech, Cornelius Kiely, Arthur McCann, Joanne Wilson. *Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen*

Requiescant in Pacem RIP

Patrick O'Shaughnessy – Funeral Service on 8th March at Our Lady's
Annalise Miller – 23rd March at St Wulstan's
Eithne Neal at Our Lady's

CONFESSIONS By appointment presently.

Guidance for Parishioners attending Mass

Available on our website or church noticeboard.

Churches are open for Public Worship 3rd NATIONAL LOCKDOWN

The UK Government has permitted Communal Worship to continue during this new Lockdown as long as social distancing is strictly maintained and that there is no socialising in church before or afterwards (It includes the car park). We hope to keep our churches open for the celebration of Mass but this will depend on the availability of stewards and on advice from our Diocesan Curia.

We will update our website with the latest information as it is received. **Please DO NOT visit the Parish Office unless it has been prearranged.**

TRACK & TRACE – NHS

Please note that it is highly encouraged to adhere to the 'Track and Trace' strategy, where details need to be provided each time you come to church either by including your **name and contact number** in the book provided or by clicking on the **NHS app QR code**. This is so we know who is at each Mass and you can be contacted if someone attending that Mass is later found to be infected with Covid-19.

Additionally, and to keep everyone as safe as possible, please wait for the stewards to show you to a seat before Mass and for them to guide you to the exit after Mass. This is to maintain social distancing, so if you could remain seated at the end of Mass until asked to leave, that would be very helpful. Thank you for your co-operation.

Lockdown 3 – Supporting Parishioners

Many people are feeling that this lockdown is more of a challenge than the others.
Is that YOU?

Would you welcome a chat with another parishioner?

If so then please either email **judith.forster1@icloud.com** with your name and telephone number

Or

phone Judith **07720976575** with your details and we will put you in touch with another parishioner so you can have a chat.

Do you need help during these difficult times?

The High Wycombe SVP (Society of St Vincent de Paul) - **24hr phone line (07891 693 735)**, we will arrange for an experienced member of the parish SVP to call you back.
- An **email address coronasvphighwycombe@gmail.com** which will be monitored from 09:00 to 21:00. You will receive a response as soon as possible (and within the hour if you submit a request for support).

DONATIONS

You can **Gift Aid** all your donations by phone and online. Otherwise, for a Gift Aid form just ask Fr Benedetto to hand you one. **ONLINE DONATION** on the Diocesan Website:

<https://northamptondiocese.org/donate/>

Scroll down to find the 'Donate' button and follow the instructions on the Catholic Diocese of Northampton Virgin money giving page. Please ensure the parish name and area, e.g. *SJHN, High Wycombe*, that the donation is intended for is indicated in the notes section of the donate page. Please include your full name too.

STANDING ORDER via donor's own bank:

You can also set up a standing order for donations to the parish using either your online bank account or in branch. The information required to make the donation is as follows.

Bank: NatWest *Sort Code:* 60-06-11 *Account Number:* 46898093

Account Name: Northampton Roman Catholic Diocesan Trust

Payment Ref: SJHN, High Wycombe

TELEPHONE – 'Giving Tuesday'

To donate simply call **01604 712065** with your debit or credit card details. *Thank you for your generosity!*

SECOND COLLECTION NEXT WEEK DAY FOR LIFE

VITAEOPUS – EMPLOYMENT SUPPORT

For Parishioners who may be job hunting or going self-employed due to the pandemic, Sacred Heart Parish Luton has set up a free online career coaching programme www.vitaeopus.co.uk providing a wealth of information, tools, practical advice and activities to help anyone wanting to find new employment opportunities, especially if they are not receiving any outplacement or other back to work support. Please pass on the web link to anyone who might find it useful.

PARISH

Links for STATIONS OF THE CROSS

VIDEOS: <https://www.catholic.org/prayers/station.php>

<https://bustedhalo.com/video/virtual-stations-of-the-cross>

Meditations by St John H. Newman:

<https://www.ewtn.com/catholicism/library/stations-of-the-cross-9132>

Virtual Parish Coffee Mornings

These will take place on alternate Wednesdays from 11-12 noon.

The dates until Easter are: **March 17th** **March 31st**

The Zoom link is the same as the one we used this week.

If you want to attend but do not have the Zoom link then email:

jhnzoom2021@gmail.com and the link will be sent to you.

It would be great to see you there for a cuppa and a chat.

Repository at St Wulstan's

Mother's Day, St. Patrick's Day and Easter Cards available from the Repository in the narthex after Mass on Tuesdays and Sundays.

Real Easter Eggs

No longer available in supermarkets or from Gill this year.

Orders: www.meaningfulchocolate.co.uk For questions about delivery or placing orders email info@meaningfulchocolate.co.uk Tel: 01948831 043

The Meaningful Chocolate Company Ltd. 584 Knutsford Road, Warrington, WA4 1JE.

St Wulstan's Choir

Following its virtual Carol Service (still available via the link <https://tinyurl.com/StWCarols2020>), St Wulstan's Choir has put together two further Carols: the "Coventry Carol" (which includes a verse to celebrate the Holy Innocents <https://youtu.be/Uuiw-1BKwNM>) and "In Dulci Jubilo" (<https://youtu.be/pNNSHSz6cWs>) which unites us all in the wish to be included in the divine celebration of Christmas. We hope you will want to view and listen to them.

Companions in Christ

Meeting on **Zoom** on Tuesdays evenings. **7.30pm** doors open, **7.45pm** start, **9pm** finish. Keep in touch, read Scripture, share our faith, listen to God and pray together now that we cannot mingle after Mass. This is a new opportunity for the Catholics of the area to come together every week if they want to. Please email Sarah Priestley mrs_s_priestley@hotmail.com or Catri Plummer c.plummer@ntlworld.com for the Zoom details.

Wedding

Please pray for Katie H. and Dominic Z. who are getting married this coming Saturday at Our Lady's.

DIOCESE

Called & Gifted

The Called and Gifted Discernment Process of Sherry Weddell and the Catherine of Siena Institute is now available to parishes and communities ONLINE. See <https://www.calledandgifted.org.uk/> Called and Gifted is designed to help clergy and laity discern the charisms God has given them for mission and service. It begins with a teaching workshop in which participants complete a Spiritual Gifts Inventory, then a one-to-one interview process, and a follow-up, in which participants learn how to develop and use the charisms identified. More details are given on the website, including an easy-to-use booking process.

Pathways of Prayer

Consider joining online the diocesan course on prayer? Enrol on the website: <https://formationpathways.co.uk/>

You can also watch a introductory video that features our Bishop on: <https://www.youtube.com/watch?v=dTwABdGzYRI&feature=youtu.be>

OTHER

Pope's Visit to IRAQ (5-8 March)

Pope Francis, accepting the invitation of the Republic of Iraq and of the local Catholic Church, will make an Apostolic Journey to the aforementioned Country on 5-8 March 2021. He will visit Baghdad, the plain of Ur, linked to the memory of Abraham, the city of Erbil, as well as Mosul and Qaraqosh in the plain of Nineveh.

Aid to the Church in Need (ACN) asks of our prayers and our faith-filled charity to support the suffering Church in many areas of the world like Iraq.

Please view their Lenten Appeal on: <https://acnuk.org/our-campaigns/iraq-appeal-2021/>

CAFOD Appeal for Lent

Abdella lives in an extremely remote and mountainous part of Ethiopia. It takes him ten hours a day to collect water. He says life is being wasted as he has no time for anything else. Please give today to reach vulnerable communities around the world with water and to provide other vital support. You can donate on-line at cafod.org.uk/give or by using the CAFOD envelope. You can also easily donate by text. Text LENT to 70460 to donate £10. Texts cost £10 plus standard message rate. If you'd like to give but don't want to receive marketing information, text LENTNOINFO to 70460. Deacon Paul is also walking alongside Abdella this Lent by walking 10,000 steps every day for 40 days. You can sponsor him at <https://walk.cafod.org.uk/fundraising/cafod-walk-for-water-20212021>

CAFOD Walk for water

This Lent, CAFOD has invited us to join in the Big Walk for Water. Deacon Paul will be walking 10,000 steps every day of Lent to raise money so that CAFOD can reach more vulnerable families around the world with clean water and other vital support. Deacon Paul's target is £1000 and you can sponsor him by going to <https://walk.cafod.org.uk/fundraising/cafod-walk-for-water-20212021> So far £265 has been raised, with much thanks.

10,000 steps for 40 days is quite a challenge, however CAFOD is also encouraging as many members of the Catholic community to walk 10,000 steps (5 miles, or less) on **Saturday 20th February** starting at 2pm. Details of how you can set up a sponsorship 'Just Giving' page for this event can be found by going to the cafod.org.uk website and towards the bottom of the first page click on the link in the 'join the big walk for water' section. Please e-mail the parish office if you are setting up a 'Just Giving' page so that we can publicise your page in the newsletter.

ROSARY Group in Wycombe

All Welcome! Every Wednesday evening 7.45pm - 9pm via Zoom. The evening includes group prayer, readings, praise and worship and praying the Rosary. Please feel free to join in on a flexible basis. For joining details, contact Deacon Brin on 07931 607249 or email: brin.dunsire@gmail.com

ALPHA Course

There will be an Alpha course taking place online via Zoom meetings, on **Monday evenings at 7:45** sign-in for an 8pm start, beginning on **Monday 1st March**. The Alpha course is a series of informal evenings, designed as an introduction to the basics of the Christian faith in a way which allows for questions, discussions and a free exchange of views, in a welcoming and easy-going atmosphere. Anyone interested, please contact **Deacon Brin** by phone or text to 07931 607249 or on brin.dunsire@gmail.com, for the Zoom codes or any other queries.

Online Faith Resources

FAMILY <https://opusdei.org/en/tag/working-on-trust/>
<https://opusdei.org/en/section/christian-life-other-resources/>
FOR MARRIED COUPLES <https://smartloving.org/breakthrough/>
THE YOUTH OPTION <https://lifeteen.com/>
CHILDREN'S <https://cafod.org.uk/Education/Children-s-liturg>